

Club Impact
Food Agreement
5/5/2018

Monday night food provided by Club Impact

1. Provide low sugar or no sugar drink choices.
2. Provide fresh fruit and vegetables, low fat yogurt, low fat dips, dressings, salsa, hummus and other healthy choices.
3. Provide corn chips, pita chips and other choices of chips and crackers whenever possible.
4. Provide birthday cakes on birthday night, third Monday of the month.
5. Provide pizzas on second Monday of each month.
6. Provide cookies, pies and similar dessert items on the fourth Monday of each month.
7. Eliminate candy except on special occasions defined in advance, like Halloween.
8. Eliminate candy bingo prizes.

Monday night food brought to club by participants and others.

1. People may bring any food and drink choices to club that they consume themselves.
2. People may bring food and drinks to share with others. These items will be available on the serving line. These food and drink items will comply with guidelines above.
3. Cookies, pies and similar dessert items may be brought to share only on the fourth Monday of the month.
4. Candy may not be brought to share except on special occasions as defined in advance.

Monday night food monitoring.

1. Only one plate of food allowed when going through the food line.

2. Quantity of sweet items will be monitored, such as limitations on numbers of cookies.
3. Some items may be monitored for quantity if there are limited quantities available.
4. People may select foods as they choose from all food offered other than dessert items.

Special event food. Special events are defined in advance.

1. People may bring regular soda drinks, chocolate milk and regular juices to special events.
2. People may bring dessert items to special events.

Special event food monitoring.

People may be monitored at special events for food choices and/or quantities.